Here are the groups, for PBR After discussion,

1. Self harm moves into blue category
2. New group of conduct with emotional problems
3. Multiple emotional problems
4. Neurdevelopmental assessment
5. GAD and panic combined.

Multiple moderate problems, and coping have no Nice guidelines as to how to manage these. Suggest ACBI approach reasonable to try. Need to map out multiple problems with baseline measures of, possibly using

- SDQ
- RCADS
- SCORE
- ?other

And clinical assessment, possibly using a 5 point likert scale for family to scale the problem.

Purple is getting more help and would need fuller assessment and intervention. New group of neurodevelopmental assessment may require placement in purple group. Green is advice, ACBI should suffice for this group, and about 25% of the blue group may also only need 3 or maximum of 4 sessions. This is the BI part of ACBI, and problem solving, FACT, Behavioural activation, and Solution focused approaches should help. These have a transdiagnostic approach. Those that need more likely to come in part from blue and mostly from purple group, depression, autism, and multiple moderate problems including neurodisability such as ADHD, tourettes etc.